

Newsletter

Rabiul Awwal 1446

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Hidaya Foundation 1765 Scott Blvd, Suite # 115 Santa Clara, CA 95050

Mail checks to: PO Box 5481, Santa Clara, CA 95056

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Putting Things in Perspective - Doing Good in Times of Tribulation

In times of great tribulations, as believers, we can find guidance in the Qur'an and Hadith to help navigate through these most difficult times and continue to do good in our lives. Here are some key principles:

Patience (Sabr): The Qur'an emphasizes the importance of patience during difficult times. Allah says in Surah Al-Baqarah, "O you who have believed, seek help through patience and prayer. Indeed, Allah is with the patient." [Al-Qur'an 2:153] Practicing patience helps maintain faith and resilience.

Prayer (Salah): Engaging in regular prayer can provide spiritual comfort and strength. Allah (SWT) says in Surah Al-Baqarah, "And seek help through patience and prayer. Indeed, it is a burden except for the humble-" [Al-Qur'an 2:45]. Salah can help balance one's thoughts and bring peace and humility.

Gratitude (Shukr): Maintaining a sense of gratitude, even during hardships, is essential. Allah (SWT) reminds us in Surah Ibrahim that "If you are grateful, I will surely increase My favor upon you." [Al-Qur'an 14:7] Recognizing blessings can shift focus away from difficulties, and help us keep those less fortunate in our mind and prayers.

Seeking Forgiveness (Tawbah): Turning back to Allah in times of distress is encouraged. The Prophet Muhammad (pbuh) said, "All of the children of Adam are sinners, and the best of sinners are those who repent" (Sunan Ibn

Majah 4251). Repentance can bring relief and closeness to Allah.

Community Support: Islam encourages helping one another. The Prophet (pbuh) said, "The believers, in their mutual kindness, compassion, and sympathy, are like one body; when one part of the body suffers, the whole body feels pain" (Bukhari & Muslim, Riyad as-Salihin 224). Building community ties and supporting each other can provide strength. Seeing and serving the less fortunate also grounds us and helps us become thankful.

Enjoining Good and Forbidding Evil: Collective good deeds amplify their impact. In Surah Ali' Imran, Allah (SWT) encourages the community by saying, "Let there be a group among you who call others to goodness, encourage what is good, and forbid what is evil - it is they who will be successful. [Al-Qur'an 3:104] In this time of great evil throughout the world, this is especially important now.

Trust in Allah (Tawakkul): Relying on Allah and trusting in His wisdom can bring peace during turbulent times. Surah Ali' Imran (3:159) encourages believers to place their trust in Allah after making efforts.

If we can practice these basic principles, we may find peace and solitude in a difficult world, and find our place in it by continuing to do good works in the face of adversity in shaa Allah. May Allah give us the ability to achieve success (tawfik). Ameen.

Widow/Orphan Support in 13 Countries



Hidaya Foundation is currently supporting nearly 12,700 orphans and 5,852 of their widowed mothers or caregivers in 13 countries. Orphans and their widowed mothers or caregivers are currently supported in: Pakistan, India, Bangladesh, Sri Lanka, Afghanistan, Cameroon, Guinea, Gambia, Zimbabwe, Somalia, Ethiopia, Turkiye (including Syrian refugees), and Palestine.

Each month a cash stipend equivalent to about \$10 is given to each orphan and \$40 for each widow/caregiver to help them meet their costs for living. Additionally orphans and widows may be helped with self employment efforts such as animal farming, sewing machines, medical assistance, food assistance, and more.

Please donate towards Widow/Orphan Support, and help the most vulnerable of our societies. ◆

Water Hand Pump Orders Almost Caught Up, Order More!

One of our most loved efforts by donors is the Water Hand Pump project, in which for \$300 we can install water hand pumps on their behalf to benefit families for generations to come in shaa Allah. This year we have installed over 1,300 hand pumps to date with 284 left in the que. We are installing over 150 water hand pumps each month, so at this pace we will be all caught up with orders soon!

Also, we have started installing water sanitation stations, including faucets for fresh water, shower stalls, and bathrooms for villagers. Each station costs around \$3,000 to benefit an entire village.

Please donate for this effort so we may continue with these efforts.















Job Skills Training in Zimbabwe

Over the past few months, in addition to regular work in Pakistan, Bangladesh and Cameroon - we have expanded the Job Skills Training project to Zimbabwe as well.

We have been training 23 young male and female adults under our Job Skills Training project in various careers in cooking, crafts, and construction. Details of trainees and careers are as follows: hotel & catering (8 females), driving (5 males), mobile crane operating (2 males), backhoe loader (2 males), excavator (1 male), stitching and dress making (2 females), welding (1 male), motor mechanics (1 female), and construction building (1 male).

We have also started IT Training and English communication classes to about 120 high school students in Zimbabwe. Hundreds of students are supported in Pakistan, Bangladesh, and Cameroon as well under the Job Skills Training project.

Please support the Job Skills Training project so we may go on expanding these efforts. •

Food & Medical Assistance in Gaza

Hidaya is currently supporting 3 kitchens and 5 medical clinics in Gaza serving tens of thousands of people daily.

The 3 kitchens give about 12,000 meals each day, with each kitchen giving out about 4,000 meals daily to populations that mostly do not have any other source of food.

The 5 medical clinics serve up to 25,000 patients each month, with each clinic serving 4,000 to 5,000 patients each month. The numbers spike during regional bombing situations, and disease outbreak incidents.

The people of Gaza continue to inspire the world as they endure this oppression with strong faith and patience. Please keep them in your prayers and continue to support them in this unprecedented time.

















Support Students in Libya & Pakistan

Libya: After the devastating floods last year, schools in the flooding area were badly damaged and all supplies inside were destroyed and washed away for all students in that zone. Hidaya arranged 2 containers of stationary, backpacks and school supplies worth \$122,000 and distributed to over 14,000 students who had lost all their belongings in the disaster. The distribution was done at the beginning of the school year in September as schools re-opened for the year.

Pakistan: Hidaya regularly supports over 5,500 students in Pakistan, we also supplied them with backpacks and stationary to begin the year. ◆





Bangladesh Flood Relief

In the recent floods in Bangladesh just a few months back, Hidaya Foundation funded food support for around 6,000 families in the Sunamganj and Sylhet areas.





1445 Qurbani/Udhiya Report

With the Blessings of Allah, this year, Hidaya Foundation arranged 7,588 shares of Qurbani/Udhiya on behalf of our donors (5,810 ox/buffalo shares or 830 ox/buffalo, and 1,778 goats/sheep).

Meat was distributed among some of the poorest people in the world in the following countries: Pakistan, Bangladesh, Nepal, Burma, Yemen, West Africa (Cameroon, Guinea, Sierra Leone, Senegal, Gambia, Togo), East Africa (Kenya, Ethiopia, Somalia, Somaliland, Sudan, Tanzania, Zimbabwe).

This year's Qurbani project benefited over 66,000 families (more than 300,000 people). •



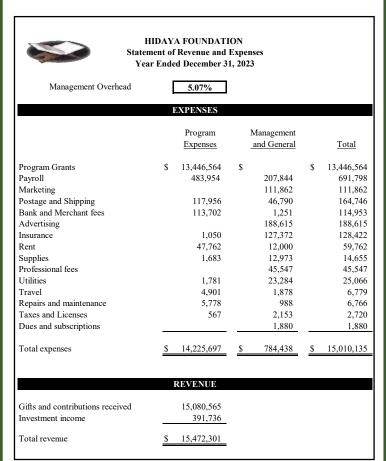


Financial Report for 2023

With the Blessings of Allah, on June 17, 2024, Hidaya Foundation successfully completed its 2023 financial audit. In 2023, Hidaya Foundation had an overall management **overhead of just 5.07%**, meaning about 95% of all funds received go towards benefiting the deserving through our many projects. This year in 2024, we are on pace to be around the same percentages again.

Full financial statement (as well as previous year statements) are available for review at:

www.hidaya.org/financials. •



Donation Form

Name		Card No			
Email		F. d. Bala (and M.		Visa, Master, Disc, Amex	
Liliali		Expiry Date: (mm/yy)	Zakat	Amount	Monthly
Address		Zakat (Obligatory Charity)		\$	
		Sadaqah (Charity)		\$	
City		Water Hand Pump (\$300 each)		\$ \$	
		Widow/Orphan Support (\$50 per month)		\$	
State	Zip	au.	_	_	
		Other:		\$	
Phone		Other :		\$	
Signature	Date	Other :		\$	
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Set-up a Monthly Donation (LEAVE THIS BOX BLANK IF YOU ARE DOING A ONE-TIME DONATION)

If you would like to set-up using your checking account (preferred), please include a voided check along with this donation form, or you may fill your card information in the spaces provided above. Note - please make sure to completely fill in the donor information section so we can properly set-up your donation. By signing, I would like to make this a monthly donation for the project(s) that I have filled in above.

S	Signature:
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	Starting Date: